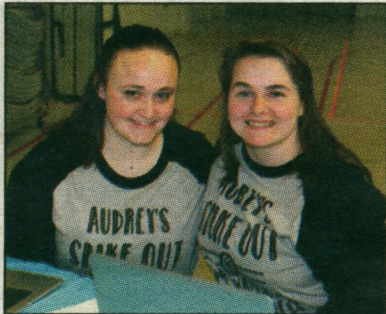


FEATURED NEWS



AMANDA DE LAUZON/ SPECTRUM

BUMP! SET! SPIKE!

THETA PHI ALPHA HOSTED A PHILANTHROPY EVENT IN HONOR OF AUDREY NIBLO.



DEASHA BENT/ SPECTRUM

WONDER WOMEN

SHU HOSTS A WOMEN IN SPORTS MEDIA SYMPOSIUM

TWEET OF THE WEEK

@thatjaycray

"If she doesn't know what late night Linda's is, she's too young for you bro"

The Parking Problem

BY NEIL GRASSO
Assistant News Editor

Sacred Heart University has altered their parking ticketing policies after a law concerning motor vehicle statutes was passed by the Connecticut General Assembly.

House Bill 05312, signed by former Connecticut Governor Dannel Malloy in June 2018, includes Act 15, which prohibits private property owners and lessees, or their agents, from issuing parking citations imposing monetary sanctions on owners of vehicles parked on their property, including by written warning, posted signs, or any other means.

This states legally that private property owners cannot make money by ticketing cars on their property. The act was made effective October 1, 2018.

As a result, Sacred Heart students have witnessed an influx of unregistered cars and illegal parking practices on campus over the past few months.

Arthur Natale, a senior physical therapy major, was one of the first students to hear about the new legislation.

"I don't want to reveal the identity of the person who told me about this, but I will say that it was a Sacred Heart student," said Natale. "I was given this information early in the spring semester."

Natale expressed his concern for the increased number of both unregistered cars and instances of illegal parking, but strongly believes that the problem truly lies in the school's lack of parking.

"Students need to get food or head to class and consistently end up arriving late to these obligations time after time because of the lack of parking," said Natale.

"No student should have to be late to class because of parking or have a professor tell them to come to campus 15 minutes earlier. Most students do head to campus early and still can't find spots."

Natale was not alone in this belief.

"I've noticed that since Public Safety has not been able to ticket, many students have been taking advantage of the situation and bringing their unregistered cars from home," said Amanda Kurz, a sophomore nursing major. "It's making the parking situation crazy. I feel bad for commuter students because it makes it very hard for them to find parking spots on campus."

According to a global email sent by University President John Petillo on January 15, Sacred Heart University will be constructing a new parking garage to add more spaces on campus.

The email states, "pending approvals and regulations, we will be building a parking garage in the south lot, which will add 250 new parking spaces."

Students have mixed feelings about the announcement.

"I've heard for four years now that we are getting a parking garage, and now supposedly we're getting one this May, which is going to cut out parking for students this semester while the construction is taking place," said Natale.

Other students were slightly more optimistic.

"I think the addition of the parking garage will be very helpful for the growth of the campus especially for visitors. Faculty and students will now have a better opportunity to find parking in a quick manner," said Katie Gallagher, a junior accounting major.

According to the act, the pre-existing law allowing private property owners and lessees to tow or render immovable (i.e., "boot") unauthorized vehicles left on their property is still in effect after the signing of House Bill 05312.

Jack Fernandez, director of the Public Safety Command Staff, stated that the new legislation has forced public safety officials to take a different approach to parking enforcement.

"While the rules have remained the same, the lack of fines has increased the number of violations," said Fernandez. "Solely issuing warnings did not discourage violators. As a result we have implemented an increase in our booting activity. Violator's vehicles can now be booted if they are in violation. That booting process results in a fine."

Fernandez also clarified that there are still circumstances in which parking violations may be punishable by fines through the Fairfield and Bridgeport Police Department. Examples of such circumstances include violations involving parking illegally in handicap and fire lane spaces.

"We, as well as other universities, are currently working with the Connecticut state legislators to modify existing law to return our ability to issue fines," said Fernandez.

"This will help us restore some of the order to the parking situation. In the meantime, our booting procedure has begun the process of restoring order and parking safety to the campus. Parking stickers are still valid and required. Violations may still receive warnings but also can be subject to our booting process."

Bowling Competes in NCAA Tournament

BY JACK RAVTIZ
Staff Reporter

The women's bowling team advanced to the Elite Eight in Cleveland after defeating Caldwell University 2-1 in the National Collegiate Athletic Association (NCAA) opening round. The match took place in Millsboro, Del., on April 6.

In their win, Rachael Bamford, Colby Jones, and Alyssa Klassert led the charge.

"Rachael shot an overall great game which helped in the team portion of it. Then we put Alyssa in, who had her best performance of the season and possibly even her career at the perfect time," said Kregling. "As well as Colby who was steady from start to finish."

The Elite Eight matchup took place on April 11, against the top seeded team in the country and the defending champions, Vanderbilt University.

Leading up to the match against Vanderbilt, the team had a direct agenda on what they wanted to work on in order to be prepared.

"During practice, we worked on a lot of mental and physical stuff. Mentally, we've been working on throwing shots under pressure," said Bamford. "Physically, our drills have helped with our release and pin point accuracy which will prepare us for when we were in the actual moment."

Heading into the match, Kregling and her team were ready to embrace the underdog role against Vanderbilt.

"We're really not supposed to be here, and the pressure is not on us," said Kregling. "I hope everyone can enjoy the opportunity and just play to their best ability and try and brush off the early nerves."

The players were also excited for the opportunity to play against Vanderbilt. They were still in shock that they were one of the eight remaining teams left in the country.

"Just thinking about it, Sacred Heart University women's bowling team in the Elite Eight? The thought of that and constantly saying that out loud is pretty awesome," said Klassert. "You can't even put it into words, it's such a cool opportunity for us to be a part of."

Vanderbilt was viewed by many as a tough opponent because of the playoff experience they've had.

Despite this, experience didn't play a factor as Sacred Heart was able to fight off Vanderbilt and pull off the shocking upset against the top seed.

Just like the match against Caldwell, it was a total team effort again with many players having an impact.

"If they were nervous, nobody could tell. They did their job repeating shots and staying focused, plus not being intimidated by our top ranked opponent, the crowd, the venue or the atmosphere. It was impressive," said Kregling.

Kregling said the win was one of her all-time favorite moments as head coach.

"This win is one of the most memorable experiences in my 26 years with the Sacred Heart Women's Bowling Team," said Kregling. "Knowing that so many people on-campus were following us on the live stream made it more special."

The team's run in the NCAA Tournament would end up coming one win shy of reaching the Final Four. They lost to the University of Nebraska on April 11 and then were eliminated by University of Maryland Eastern Shore on April 12.

The team will look to build off this season and playoff run with their whole roster returning next season.

"Next year feels positively exciting already," said Kregling.

News

Getting in the Game

BY MACKENNA LAMPHERE
Staff Reporter



THE SCHOOL OF COMMUNICATION MEDIA & THE ARTS HOSTED A SYMPOSIUM ON WOMEN IN SPORTS MEDIA.

On April 11, the School of Communication Media & the Arts (SCMA) and the Office of Alumni Engagement hosted the event Getting in the Game: A Symposium on Women in Sports Media.

The presentation was geared to bring Sacred Heart students together to showcase women in the sports media industry. The discussion consisted of a roundtable panel of SCMA alumnae. Diana Cannizzaro, a sports reporter for CollegeInsider.com, Sports broadcaster, Allison Gaskins, digital live streaming/video production assistant for NBC Sports, Nicole Granito, and Alexandra Padalino, who works as a production assistant at ESPN. The keynote speaker Alexa Ainsworth is the coordinating producer for the Paralympic Games and a producer for NBC Sports Group.

Ainsworth's job consists of hiring for all production positions for the Olympics, which means dealing with many people and producing live shows. There is never a dull moment according to Ainsworth. "I can be sitting at my desk working on editing excel documents, in studio on air for 10 hours a day, or traveling."

Ainsworth says that she loves her job and the lives it lets her be a part of. "Olympic

athletes have such an amazing life and the fact that you get to be part of their journey and tell their story, that's why I do it."

Some of the topics discussed ranged from how to get your foot in the door on the local and national level of broadcasting, how to be professional, what are marketable skills to have in the industry, working in a male dominate work environment, and learning how to be yourself and stand up for your ideas.

Cannizzaro stressed to the students in the audience how important it is to know your facts because people will test you.

"People will try and make you quiet. They think you will know everything about all sports, so read up on everything. They don't want us to do better than the men, so make sure you know everything that you can about what your coving." For many of her post-game locker room interviews, she will be the only woman there. In the end, she says it comes down to not letting that factor intimidate you.

Allison Gaskins has been able to make a name for herself in this industry by never being the one to say no to a job. "Learn to not say no, never turn down a job or tournament if you can. You might not be the best but the work you're putting in will show in the end. I am one of the few female color commentators out there, so sometimes that has maybe gotten me the job but I still have to have skills to make it up."

Gaskins is a part of Sacred Heart's own basketball and football programs as a play by play commentator, sideline reporter, and color commentator in games.

Padalino and Granito both took the lead when the conversation turned to more of behind the scenes work in sports media.

Granito urged students to really pay attention and learn how to use every piece of equipment in the studios here. She stated that most of the equipment that we have here at Sacred Heart is the same as the studios. "Learn to use every piece of equipment. Know the equipment inside and out. Even if you want to be in editing, know how to use a tripod."

Senior Olivia Mittleman, who was in attendance, said, "This event allows students, and specifically young women, to get an inside look into what it's like working in the sports media industry. Also, it's a great way for students and alumni to network."

Each of the speakers had their thoughts on being women in a male dominated industry. All of them agreed that when it comes to getting the job, as long as you can prove you know what you're doing and work hard, you will stand out more to job recruiters.

"Have thick skin, people will try to break you down. Always believe in yourself. There where so many times when people made me second guess myself and rethink why I am here," said Cannizzaro. "I'm here because love it, because I am passionate. So don't let anyone take that away from you."

Max Tuttle Named All-American

BY DAN GARDELLA
Asst. Sports Editor

On April 5, men's lacrosse senior Max Tuttle was named to the "2019 Inside Lacrosse Midseason All-American Second Team." According to Athletic Communications, Tuttle is second on the team in goals (27) and points (40) through the team's first 11 games.

"It feels pretty good," said Tuttle. "But we're more focused on the games ahead and making the playoffs."

Last season, Tuttle became the first Pioneer in program history to be named to an All-American team. He earned honorable mention honors after scoring 46 goals and scoring 64 points in 15 games in 2018. For a player as decorated as the Boulder, Colo., native is, it also puts a target on his back that every team looks for, forcing Tuttle to adjust his game.

"This year especially, I've changed my mindset to approach it as 'I want to go as hard as I can,'" said Tuttle. "I want to focus on making small plays, such as picking up ground balls."

According to head coach Jon Basti, the key to Tuttle's continuous success has not only been his consistency, but his constant improvement.

"The thing about Max is that it's been consistently better," said Basti. "He just wants to win. He is going to do whatever it takes to win. You don't become an All-American because you score a lot of points. You become an All-American because you are a really good player. Being a really good player is more than scoring points."

By having an All-American on the Pioneers' side, it allows other players to elevate their game. For senior Joe Saggese, who has been his teammate for four years, this rings true.

"My game mixes in well with his," said Saggese. "I think we're two different play styles that can play off of each other pretty well. If they're sliding to Max early, then we know that I will be open."

For now, Tuttle's focus is squarely on the end of the season. In Basti's eyes, this shows the team-oriented attitude that the senior has. Basti also says that the award was a result of the team around Tuttle, allowing him to thrive. The key to Tuttle as well as the team succeeding is the care they have for each other as well as good team chemistry.

With three games remaining, the Pioneers sit with a record of 6-5 overall and 2-2 in Northeast Conference (NEC) play. Their conference record puts the team in a tie with Robert Morris for fourth in the conference.

With only seven teams in the conference, the top four teams make the conference tournament with hopes making the NCAA Tournament. Having senior leaders such as Tuttle and Saggese provides a big plus on the Pioneer sideline.

"It's good to have those guys. When you have players like that, you always have a chance," said Basti. "You are never out of a game. We have talent that works hard and doesn't quit. You can't stop playing against us because we will not stop playing."

Saggese said the key to winning and giving the team a chance to make the playoffs is to play the game that their coaches set up for them. Trust was also a word mentioned as a huge element within the team.

The Pioneers will finish the season on the road at Wagner on April 27.



SENIOR MAX TUTTLE WAS NAMED TO THE 2019 INSIDE LACROSSE MIDSEASON ALL-AMERICAN SECOND TEAM ON APRIL 5.

Perspectives

At Your Convenience

BY BRETT MALONEY
Staff Reporter

Is there anything more convenient than having your favorite fast food delivered to your dorm room door? Doordash, UberEats, and Grubhub give you the ability to order your favorite foods from your favorite food chains and have them delivered right to your door.

When it comes to the experience of the services from Doordash, UberEats, and Grubhub, they have received mixed reviews. Sophomore Teddy Yerardi had frustrating experiences with UberEats. “I have stopped using UberEats due to the fact that something is always missing from the order or the drivers try to say they did not receive that order when they in fact have,” said Yerardi.

“UberEats is the only service I have used. Due to negative experiences, I chose to go myself as it tends to be faster and I’m able to get what I actually want from these places. It was definitely helpful freshman year when we didn’t have cars but once I was able to have mine on campus, I deleted the app just because I knew there would be no use in it,” said Yerardi.

Junior Nicole Longo does not see the need to use any of these apps when you have a meal plan for food on campus.

“Although I live off-campus, I still have a meal plan for dining on-campus. Plus, I also have a kitchen so I do not find myself needing to order food from off-campus restaurants,” said Longo.

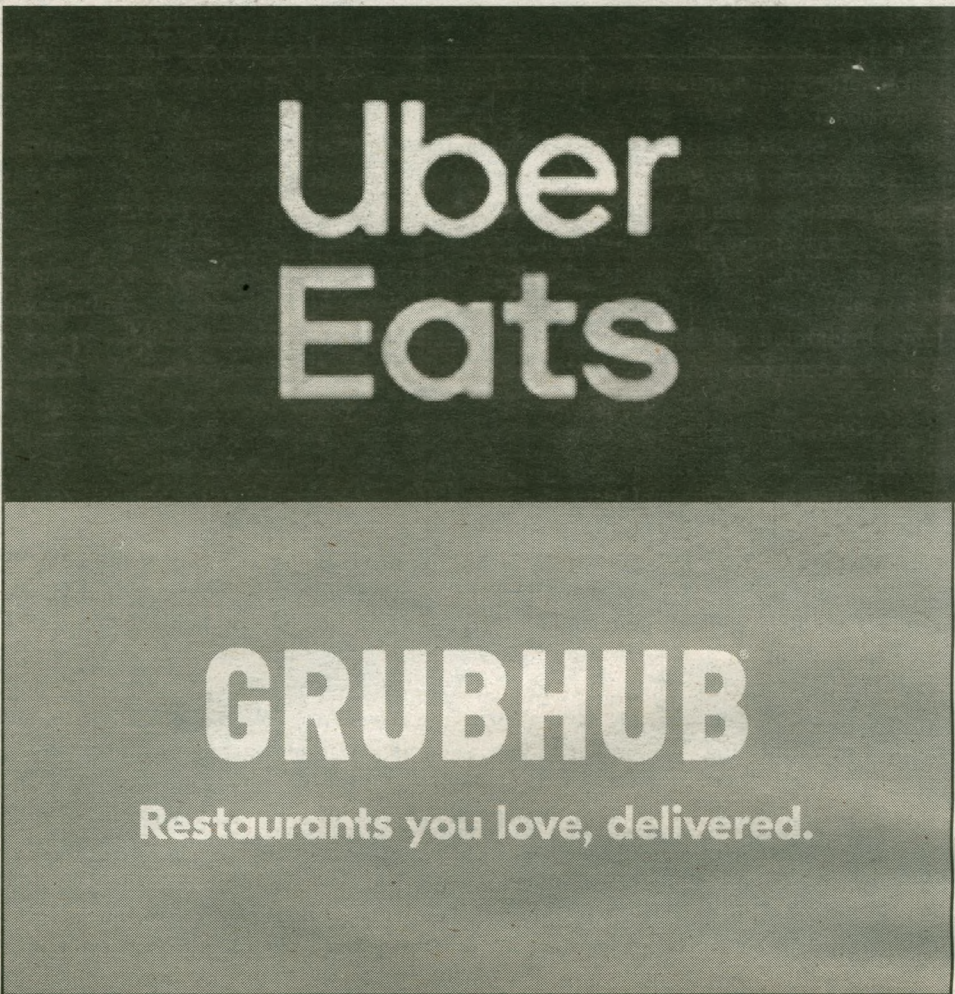
Sophomore Nick Pelletier does not feel the need to use off-campus dining when you have a meal plan.

“I don’t use off-campus dining because that would just be a waste of my money,” said Pelletier. “I also don’t think eating all that unhealthy food would be the best for me, while running for the track team at the same time, because I need to stay in the best shape possible.”

Sophomore Natalie Davis enjoys the convenience of the mobile food delivery apps.

“I used to order Chipotle all the time, which was very convenient as I was able to get some of my favorite food without having to leave my dorm,” said Davis. “Unfortunately, Chipotle is no longer an option on UberEats or Doordash. Nothing kills your mood quite like when you’re craving a burrito bowl with some guacamole and you have no way to get it,” said Davis.

Sophomore Michael Corcoran loves the idea of UberEats and DoorDash. “There is nothing better than being able to eat your favorite food from different restaurant. Especially if it is late at night with the dining halls being closed, it allows you to stay inside and avoid the different temperatures outside, and depending on the restaurant, and the time that you order you may be able to get a deal that ultimately allows for you to save money.”



RESPECTOVE COMPANY'S WEBSITE

FOOD DELIVERY APPS ARE RISING IN POPULARITY HOWEVER SACRED HEART STUDENTS OFTEN DON'T FEEL THE NEED TO USE THEM.

Post-Registration Reactions

BY ALLY PLEZIA
Staff Reporter

Starting in the beginning of April, undergraduate students registered for their fall 2019 classes. Using the new registration system, some students struggled to find available classes while navigating the new program.

“Registration this year was so frustrating,” said sophomore Marley Cook. “I’ve never had a problem registering until this year, and during my assigned time, I wasn’t able to get into all the classes that I needed to take.”

Colleague Self-Service, the new registration system, was built in hopes of making the registration process run more efficiently. However, for many students, the service’s technical issues made the process more stressful and hard to use.

“I had priority registration and still had trouble getting classes,” said freshman Megan McShane. “The system crashed for over 15 minutes and I had no way of fixing the problem in the moment.”

“After getting the website back up and clicking the register button, it took another 10 minutes for it to load my schedule,” said McShane. “Those 10 minutes caused me a great deal of stress.”

Sophomore Emma Wollweber faced similar technical problems during her designated registration time.

“This semester, registration was a mess,” said Wollweber. “The system crashed and wouldn’t allow me to register, so the registrar office had to register for me manually. Thankfully, I did get into all my classes that way.” Other students felt that the problems weren’t rooted from the new system, but the lack of classes being offered for the students in the fall.

“I didn’t think the new system was necessarily that bad,” said sophomore Jillian Krone. “It’s not the system that has the issue, it’s the number of available seats in each class and the limited classes for the number of students.”

“It’s not the system’s fault for the lack of courses being offered,” said Krone. If there was more availability, I think the process would have gone a lot smoother.” In a similar way, freshman Maisy Carvalho struggled getting into classes needed for her major.

“I can’t get into two of my classes, which happen to be my only major classes for next semester,” said Carvalho. “It is extremely frustrating that they haven’t accommodated to the amount of kids who go to this school.”

But there were also students who did not face the same issues, who thought that the new system worked more efficiently than Web Advisor.

“The new registration system is much better than Web Advisor,” said freshman Tyler Heinz. “It is much easier to understand and navigate.” The Colleague Self-Service allows students to navigate through available courses, create potential schedules, and view planned courses in a structured layout.

“The ability to plan our schedules far in advance and see how the schedule lays out is

great,” said Heinz. “It was overall a really good process.”

“Many of the problems were due to technical difficulties and issues that can hopefully be fixed in time for next year,” said Krone. “Other than that, I think the new system was great and will just take time to get used to.”

	Sun	Mon	Tue	Wed	Thu
7am					
8am		CM 398-A			
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COLLEAGUE SELF SERVICE

ABOVE PICTURED A SAMPLE SCHEDULE OUTLINED IN THE NEW COURSE REGISTRATION SOFTWARE, COLLEAGUE.

Perspectives

How do you show your Pioneer Pride?

BY NIKKI ZINER
Staff Reporter

Grab your pompoms and foam fingers. For many students, it's time to show your Pioneer Pride. As a campus with many extra-curriculars and Division I sporting events, there are always ways to show off your school spirit.

Looking back at her journey at Sacred Heart, senior Ashley Scarpa talked about how sporting events were where she felt SHU pride the most.

"Whenever I was in the fan section at the football games, I always felt like this is why I came to the school. When I was looking at colleges in high school I always wanted to go to a school where there was a huge fan section and that I would feel like home at. Sacred Heart was definitely the perfect place," said Scarpa.

The fan sections are also a place where junior Nicole Grotto feels her school spirit come out the most. "Being at sporting events, especially in the beginning of the year, always starts it off with a bang. I always love how hyped up everyone gets and it makes me feel like I'm home," said Grotto.

As a campus with 14 Greek Life organizations, sororities and fraternities are a place where students can bond with others to find their home away from home. Sophomore Ava Prospero, a member of the Alpha Delta Pi sorority, says that joining Greek Life made her Sacred Heart experience the best it could possibly be.

"I participate in school spirit through attending different sporting events and being a member of my sorority. I think that Greek Life events such as Greek Sing and Greek Olympics has allowed me to step out of my comfort zone and take pride in the things that I am passionate about," said Prospero.

Beside extra-curricular programs and Division I sports, students take pride in getting involved in clubs that correlate with their majors. Senior Mike Majjenski shows his passion for SHU through his participation as an athletic training student.

"Being able to work one-on-one with the athletic programs makes me feel like I am taking part in making the sports teams compete better which makes our school spirit continue to thrive," said Majjenski.

Junior Laura Dolan finds her school spirit when she is in the hospital for her nursing clinical sessions.

"Working with Sacred Heart to better my nursing career has validated my decision to come to Sacred Heart. Being able to work hands-on with patients makes me proud to say that I am getting my degree from Sacred Heart because of how prepared I feel for the future," said Dolan. On or off the fields, students find a way to come together as a community.

"In times of tragedy there is no stronger bond than the SHU community. I always know that no matter where I am or who I am with I can always find someone who will be there for me and for that I am forever thankful to be part of this place I like to call home," said Prospero.



TOP: BRANDON RICKETTS / SPECTRUM LEFT & ABOVE: SACRED HEART FLICKR
THERE ARE ALWAYS WAYS TO SHOW OFF SCHOOL SPIRIT BETWEEN SPORTING EVENTS AND EXTRA-CURRICULARS.

S	W	H	T	R	D	T	S	N	E	D	R	A	G
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PARKING
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SCHOLARS
OAKWOOD
LIBRARY
BOBBYV
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CWC
PIONEER
RONCALLI
TAFT
LINDAS
SHUTTLE

meetTHESTAFF

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2019

MANAGING EDITOR – EDITORIAL
BRYANA CIELO
2020

MANAGING EDITOR – MULTIMEDIA
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FACULTY ADVISOR
PROF. JOANNE KABAK

Do We Really Need to Work?

They always say that if you do something you love, you'll never work a day in your life. I have always been a writer. In 2006, I was writing songs just like my idol Taylor Swift. In 2010, after reading the entire Twilight Series, I wrote a 41,000 word extension story of the Twilight saga. In 2014, I was hired as an intern to write for the most prominent aquatic news website in the world. In 2018, I started my own blog. Last month, I was selected to be the Editor in Chief for The Spectrum next year.

If I had a dollar for every time someone told me that I won't make a good living later in life, I wouldn't even have to worry about getting a job. Some of my best friends are going on to pursue careers in the medical field, and it's what they love. That is incredible.

But I also hear a lot of stories of people being unhappy in their jobs that they only got to make money. Those stories break my heart.

I can't imagine doing anything besides writing. I've went over it a million times in my head. I tried to think of something that could potentially be more stable as a career, but nothing else sparks my interest. My mind always drifts right back to 9 years ago, hiding my laptop in my room from my mom at 3:00 a.m., writing about how Renesmee and Jacob proceeded to fall in love in my latest chapter. I remember the reviews I received with responses from my "readers," and the rush of pride I felt when they told me that they loved my writing, and that they wanted

BRYANA CIELO
MANAGING EDITOR



to read more. I would stay up all night writing for them, and for myself, because I loved it more than anything. The 12-year old in me is still there, everyday, trying to put down words on paper every chance she gets.

I honestly don't understand how people pursue careers that they aren't happy with. I can't imagine going to work every day and being miserable. I want to go to a place that I love, surrounded by similar-minded people, doing something I love. Whoever said that thing about work not being work was right. It shouldn't have to be work. Will there be some days that are tough? Of course. There are going to be challenges, and some days are going to be longer than others. I've sat behind my laptop screen a million times with writer's block. It happens. But other times, it's amazing. I get an idea and it's all I can think about. Right now, writing is mostly a hobby for me. But someday, I want it to be more. I think that if I try hard enough, it can be the thing that makes me happy for the rest of my life.

Is there something that you can't stop thinking about? There has to be. Everyone has something that they really love to do. Sports? Music? Medicine? Find that thing. Whatever you do, don't stop thinking about it. In fact, make thinking about it your priority.

You can literally make anything into a job. In all reality, though, no one has to have a job. We should all just be doing what we love.



MELANIE DASILVA
SPORTS EDITOR

Whenever I write, it always seems to be about soccer or unfair rulings with sports in the NCAA. Maybe that is because I am a Sports Editor, or maybe because they are important to me in the long run. But what I am going to talk about this time is something a little different. Why do the soccer and rugby teams at a Division I school share their home field with a high school?

You all probably know by now that I played soccer at Sacred Heart for the past four years, but if not, then you know now. The fall of 2017 season was the first season where our soccer games were moved from Campus Field to Park Avenue Field. None of us were thrilled with this move because we loved playing on Campus Field. However, what made it worse that the sole fact that we were sharing the field with our next-door neighbors, Notre Dame High School.

To make matters worse, when you look at the field and gaze at the signs representing whose home field it is, Notre Dame High School has a bigger sign than Sacred Heart does. My first question is, why does a Division I school share a field with a high school? It is kind of embarrassing when teams come to play us, and we have a field that I would play at in high school. Actually, my high school had a nicer field set-up than this one. We don't even have bathrooms; we are lucky if the porta johns get emptied.

Another frustrating thing about sharing a field with a high school is when we have to fight over practice times and use of the field. A Division I school should not be

fighting with high school teams about who is using the field and when. Instead, a Division I school should have the luxury to practice and play whenever they want to.

I don't know the logical reasoning behind the move and sharing the field with a high school, but I would like to know the answers. We were promised that we would have a mini-stadium feel with a locker room and bathrooms, but we didn't get either of those. The only thing I was told is that I will be graduating before any of that gets built on the field.

Another problem I have with sharing this field is the fact that they do not have stadium lights for us to play night games or practice early in the morning. Do you know how many times we had to use car headlights to light up sections of the field before the sunrise in the morning? Also, I shouldn't have a 3 p.m. game on a Wednesday or Friday afternoon and expect my family and friends to skip work and class to watch me play. With afternoon games, I am also missing classes and my professors get upset with me for doing so. But if we had lights like we were promised, we would be able to play night games and not have to worry about missing classes.

I could go on and on about the horrible decisions they made with building this field but that still does not answer my question. Why does a Division I school share a field with a High School? It's not like we can't afford it with all the new dorms being built. I just wish I knew the answer.

The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 600 words and should be emailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

Features

Audrey's "Spike Out Hunger and Homelessness"

BY AMANDA DE LAUZON
Staff Reporter

"I remember Audrey through her endless smiles and laughter that are replicated on the faces of those she loved most in life," said junior and Theta Phi Alpha President, Jordan Frederick. "Audrey loved getting involved and meeting new people and the fact that so many wonderful organizations came out to participate with us for a good cause would fill her with so much joy."

On April 13 at 9 a.m. in the William H. Pitt Center, Theta Phi Alpha sorority hosted their philanthropy event "Audrey's Spike Out for Hunger and Homelessness."

This was a volleyball tournament and raffle that raised over \$4,000 for hunger and homelessness in memory of Audrey Niblo, a beloved sister of Theta Phi Alpha who passed away suddenly last year.

Many organizations made teams and competed in volleyball tournaments including Alpha Delta Pi, Habitat for Humanity, Pi Kappa Phi, Beta Theta Pi, The Spectrum, and many others.

The fraternity Pi Kappa Phi took the lead throughout the tournament and ended up winning \$100 towards their own philanthropy, "The Ability Experience."

"This event is a fundraiser for Hunger and Homelessness. We nationally support this through The House that Theta Phi Alpha Built," said Frederick. "This foundation financially supports organizations like Camp Friendship to alleviate burdens of those who cannot feed or shelter themselves."

"I think Audrey would love this event and be very excited that it was in her honor," said junior Theta Phi Alpha Treasurer Reilly Owens. "She would just be very ecstatic about how many people showed up in her memory and for such a good cause."

Audrey Niblo was a sister of Theta Phi Alpha but is known for so much more. She is loved continuously by her sisters and the people she affected throughout her life.

She was a staff writer for the Spectrum newspaper as well as a writer for Her Campus. Her passing inspired the Sacred Heart University journalistic award, respectfully named "The Audrey Niblo Award for Excellence in Reporting and Writing."

"She was always the light of the room, no matter what she did she was always putting a smile on other people's faces and bringing happiness to others," said junior and Theta Phi Alpha Recording Secretary Nicole Forest.

"Our Philanthropy Chair, Julia Breitenbach, dedicated the event in Audrey's honor with overwhelming support, so that Audrey may live on through philanthropic efforts that inspired her to get more involved on campus," said Frederick.

The sorority has used Audrey as a model of philanthropic excellence and inspiration in the past and will continue to do so in the future in their events and in their own sisterhood.

"I think this event should become an annual one especially in Audrey's memory to keep honoring her and the way she cared about helping others in the future," said sophomore Theta Phi Alpha member, Mariah Concannon.

In order to support the cause, The Spectrum board created a team that consisted of Graham O'Dwyer, Evan Denny, Bryana Cielo, Dom Caporale, Abby Frisoli, and Justin Lowe. The team was coached by Tessa Kielbasa, who is also a member of Theta Phi Alpha. The team advanced through the first two rounds, besting Habitat for Humanity and Zeta Tau Alpha. They fell to Pi Kappa Phi in the third round.

According to Theta Phi Alpha's Sacred Heart University chapter website, "Theta Phi Alpha's sisterhood is like no other; it is comprised of women from all over the world who share honesty, loyalty and love to one another. No matter the location, time or situation, sisterhood is at the center of each Theta Phi Alpha's life."

So how will you give back and appreciate life the way Audrey did and the way Theta Phi Alpha does in her honor?



TOP: TESSA KIELBASA/ SPECTRUM BOTTOM: AMANDA DE LAUZON/ SPECTRUM

TOP: THE SPECTRUM BOARD TEAM CELEBRATES AFTER ADVANCING TO THE SEMI-FINALS.
BOTTOM: A THETA PHI ALPHA SISTER COACHES HER TEAM.

Freshman Got Talent

BY DEASHA BENT
Staff Reporter

On April 8 at 9:30 p.m., the Sacred Heart University freshmen held their annual "Freshman Got Talent." The event took place in the University Commons, where much of the student body, like Riley Finnigan and Emma Connolly, came to cheer on their fellow performing classmen.

"I'm very excited about tonight's event," said Finnigan.

"There's probably going to be a lot of dancing, singing, and some random funny things," said Connolly.

The performances included musical numbers such as dance, piano, and singing. Dancers included Fiona McCabe, Ryan Solorzano, Alicia Brily. Piano was brought to the stage by Connor Denny, Margaret Derafelle, and Julianna Bonanno who together performed a singing and dance act.

The contest included trophies for the participants, prizes for the first and second place winners, and a raffle gift that everyone could get involved with. The host, and class of 2022 Student Government President, Olivia Chaponis, presented the performers their trophies and the first and second place winners their prizes.

"The first-place prize was Air Pods and the second-place prize was a gift card to the bookstore with some SHU swag. The raffle winner won a \$50 Cheesecake Factory gift card," said Chaponis.

First place went to freshman Fiona McCabe, who performed a dance number for the judges. Second place went to another dancer, freshman Ryan Soloranzo.

"I had practiced a lot, but I never thought I would get first place. So, it's very exciting," said McCabe.

Just for fun, the hosts even decided to have a guest performance by freshmen Grace Hanrahan and Francis "Connor" Rossi, specifically a musical note called "Breaking Free" from the teen Disney movie "High School Musical."

The judges, Katherine "Katie" Morovich, Coordinator of Student Life Program, professor Andrew Lazowski, and Sarah Kosha, Student Government President and Class of 2019 President, were very impressed by the acts.

"All the performers were really great this year. They had so much talent, and it was really great to see them show their talent to the class," said Kosha.

However, Chaponis couldn't pick favorites and gave a lot of respect to one of the singers at the event.

"I loved all of them. I'm a dancer at heart, so I loved all the dancing even more. But I have so much respect for the singers. Although, I could not hold a tune," said Chaponis.

"Freshman Got Talent" has been a reoccurring event for almost four years. This year

the freshmen really showed their school spirit and support by cheering on their fellow classmates.

"The event was put together this year by the Student Government class of 2022," said Morovich.

The positive feedback from the event calls for more in the future. Students were jumping out their seats, applauding and screaming at each act.

"The turnout was amazing. It was great to see so many people show up to support their fellow freshmen showcase their talents. There has been a lot of positive feedback from the event and I really look forward to future events like these," said Chaponis.



A display of the best talent in the Freshmen Class.

Everyone is welcome to come watch.

There will be a \$50 Cheesecake Factory Raffle for the audience

**Sponsored by
The Class of 2022**

APRIL

8 @9:30
in the UC Auditorium

Monday

@9:30

IN THE UC

COURTESY OF KATHERINE MOROVICH

THE CLASS OF 2022 HOSTED THE ANNUAL "FRESHMAN GOT TALENT" EVENT IN THE UNIVERSITY COMMONS ON APRIL 8.

Features

SHU Slam!

BY DEVYN KING
Staff Reporter

On April 9, The Black Student Union hosted “SHU Slam!” For this event, people were invited to email the Black Student Union to sign up with a talent they wanted to perform. Students gathered into the University Commons and sat in rows of chairs. The DJ began the event by playing upbeat music to get the crowd socializing and excited for the upcoming performances.

There were a total of 15 performances, including dance ensembles, singing, rapping, poetry reading, and instrument playing.

The SHU band got the audience moving with their cover of Drake’s “Hotline Bling,” played with plastic tubes. They also played various beats on plastic and metal trash cans that kept the crowd’s attention.

The MCC showgirls put on an upbeat group dance performance as well.

Each performance was encouraged by the audience, creating a positive environment for both performers and non-performers.

Even those sitting in the audience ended up getting out of their seats to sing and dance along with whoever was on the floor to show support.

According to junior NaCyla Wiley, Black Student Union President, SHU slam was originally not associated with any particular club or organization until it needed to be sustained by a dedicated group. BSU was asked to take over the event and continue to keep the vision alive.

Since BSU’s mission is directed towards unity and community, the club believed taking on the event would relate perfectly to the club’s vision. It is now the third year this event was hosted on campus.

“It’s great to perform in SHU Slam, I like that we can perform in front of other students, and hopefully that will encourage everyone else to do the same,” said sophomore Jess Teixeira, a participant in the event.

Many members of BSU came to support the performers.

“SHU Slam is a place that I feel immersed with culture and diversity. It’s a great experience, and it was nice to see people’s creative outlets,” said sophomore Olivia Okoroafor, a member of Black Student Union.

“It teaches you about other people’s cultures and what they do. You get to become educated on people’s lives and what they do outside of academics,” said freshman Ahjante Rampersad, member of Black Student Union.

According to Sacred Heart University’s website, The Black Student Union is a place to gather and exchange ideas and experiences that students can use to obtain a more comprehensive understanding of how to best serve the community they represent.

The purpose of the Black Student Union is to serve as an organization primarily between students of African descent (and other minorities) and faculty/staff within in Sacred Heart

community.

This event was co-founded by alumni Shantel Morris and Kari Williams, Director of dance.

“It is an effort to unify all members of the SHU community through art,” said Wiley. “SHU Slam is designed as an event to bring people together in a setting in which unfiltered self-expression and creativity can take place.”



THE BLACK STUDENT UNION HOSTED “SHU SLAM!” ON APRIL 9, INVITING DIFFERENT GROUPS ON CAMPUS TO PERFORM.

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Arts & Entertainment

Game of Thrones: The Final Season Premiere

BY ANTHONY DEL VECCHIO
Co-A&E Editor



ASSOCIATED PRESS

HBO HIT TV SERIES HAS RETURNED FOR ITS FINAL SEASON

The time millions have waited for has finally come. The eighth and final season of HBO's award-winning "Game of Thrones" started on Sunday with the premiere of the first episode: "Winterfell."

After 595 days without a single episode, the countdown is on, with only five episodes remaining in the series. Savoring these last few episodes is the key and the season

premiere gave fans a lot to be excited about.

Nothing will be spoiled here, but elsewhere, read at your own risk. Twitter and other social media platforms exploded leading up to and following after the episode, as well as major papers and websites, supplying us with countless theories, reactions, and statistics.

The Associated Press reported that "some 12.1 million viewers tuned in to the season seven finale, with 4 million more streaming it the same night and many millions more in the following days," and that was just last season.

For this season already, HBO cited over 17.4 million people tuned in to watch the season premiere Sunday night, breaking the previous record by half a million people.

Rotten Tomatoes gives "Winterfell" a rating of 7.78/10 with a total of 69 "Fresh" reviews and only 6 "Rotten" ones. IMDb gave the episode a rating of 9/10.

Even for an opening episode that I knew would be simply setting up all the storylines and character dynamics for the season, it was compelling and gave me more than I was expecting, making it one of the stronger premieres in the series.

"Game of Thrones" has been HBO's powerhouse for almost a decade now, even with the long breaks in between seasons. You cannot rush perfection, as creators David Benioff & D. B. Weiss have continued to reiterate by example.

Throughout the years of this show, we've learned so much about characters like Jon, Daenerys, Sansa, and Jamie, and they have come to feel like family to the viewers. Recognizing the histories between families in this world and the fact that many characters have never met before, the fates of everyone are now at stake.

Even the people in the show can't believe the end has come. On HBO's "Cast Remembers" segment, Kit Harrington (who plays Jon Snow) said, "Game of Thrones means my twenties. It's a decade of my life. Everyone involved is like a family, that amazingly still laughs and gets on with each other."

The pop culture magnitude of this series, this season especially, is making this out to be the television event of the year. People even bet money on fates of each character in the show, making this a global event I've never seen before.

With all this madness, it still feels like a puzzle piece falling into place. With only five episodes left, you can expect to get a lot of information handed to you at once, but by the time the show is over, you'll be begging for more.

A lot of ground is going to be covered, making this the season to really pay attention to. Every scene in this first episode meant something, and if you got up without pausing then you almost certainly missed something.

Thanks to HBO GO's streaming service, all episodes of "Game of Thrones" are available on demand to be re-watched and examined every week.

Some of your questions will be answered in "Winterfell," but you will be given many more to think about as we must again get used to waiting a full week before the next stage of the adventure.

All we know for certain is that "Game of Thrones" is back and going out on top. The end is here. Be sure to see what happens on Sundays at 9PM on HBO.

Beyoncé Launches Clothing Line

BY BRANDON RICKETTS
Staff Reporter

On April 4, Beyoncé announced the re-launch of her Ivy Park activewear clothing line with new brand partner, Adidas.

Beyoncé first launched Ivy Park in 2016 with Green's Topshop as an activewear brand. After unsuccessful sales, she had decided to reclaim her brand and move on.

The Grammy award-winning singer bought out the remaining stake in the company, owned by Philip Green, a U.K. fashion tycoon, and she is now rebranding with Adidas.

"I didn't originally hear much about Ivy Park when it was released, which is a big surprise since it's tied to Beyoncé, of all people," said sophomore Vanessa Austin.

Adidas has a host of sponsored stars, from Kylie Jenner to supermodel Karlie Kloss. Two stars that have recently increased the brand's value are musicians Pharrell Williams and Kanye West.

Both have a huge influence in the fashion industry with their eccentric styles. A pair of Williams's Adidas Human Race sneakers have been seen to resell for upwards of \$15,000 on sneaker websites such as Flight Club. West has had some of his sneakers sell for nearly \$12,000 on the same website.

"I own a pair of YEEZY's and even though they only retail at \$220, the resale value is astronomical," said junior Alannah Bunkley. "I paid over \$650 for a pair of (Yeezy Boost) 350s and they hurt my feet, but owning a pair is definitely a status symbol."

Kanye West began his sneaker journey with Nike where he released the Air Yeezy 1's and then released the Air Yeezy 2's soon after. West also collaborated with the likes of designer brands like Louis Vuitton before leaving Nike for Adidas.

"Adidas giving Beyoncé the opportunity to become part of the brand will definitely strengthen the Adidas name and hers as well," said Austin. "I wouldn't be surprised if she helped remaster a pair of older Adidas and they resold for a crazy amount of money – in limited pairs, of course."

After Beyoncé announced the partnership, the Adidas shares of the brand's stock rose nearly one percent.

"If I were Adidas, I'd recruit Beyoncé too, because she is such an icon and role model to so many people," said freshman Jessica Maldonado. "I know she'd influence more stars to accept partnership deals with Adidas. I'd do it if I had the power to."



ASSOCIATED PRESS

BEYONCE ANNOUNCED THE RE-LAUNCH OF HER IVY PARK ACTIVEWEAR CLOTHING LINE WITH NEW BRAND PARTNER ADIDAS ON APRIL 4.

Arts & Entertainment

Spring Dance Ensemble Finale

BY CHRISTOPHER DOLAN
Staff Reporter

This Thursday, the Dance Ensemble Company will perform their Spring Finale. The performance will be held at 8 p.m. at the Edgerton Center.

According to freshman Gabriella Silva, the performance will mix a combination of dance styles, such as contemporary, Irish dance, and Hip Hop.

“I love SHU performances because I get to see some of my best friends and professors come support the dance ensemble and show them what we’ve been working on for the past few months. It’s always exciting to see the audience’s reaction to our newest number,” said senior Virginia Clark.

The performance will include songs from artists such as Drake, Beyoncé, and Florence + the Machine. Other artists will include Chris Brown and Ryan Amdor.

The performers have worked many weeks with their choreographers to bring a good show to the audience.

“The goal of the SHU Dance Ensemble is to perform with such intensity that the audience feels their dedication and love for dance as we present the 2019 Spring Finale,” said freshman Gabriella Silva.

Many of the dancers are seniors and while reflecting on the dance show, they think about how they will be performing one last time.

“It is definitely bittersweet performing for the final time with Dance Ensemble. This program has become such a huge part of my life and I will miss every second of it. Overall, I’m excited to get on stage one last time with the people I love, and I am very much looking forward to it,” said senior Maria Citarella.

As the seniors think about their last performance, they ponder upon those who helped them get where they are.

“Now that my Dance Ensemble journey is coming to a close and this being my final performance, I am ready to leave my heart on the stage. I’m happy and sad, but most importantly I’m grateful for the opportunities I’ve had, the person and dancer I’ve become, and all the talented, amazing people I have come across over the past few years,” said senior Winnie Victor.

Since the seniors are leaving, many think about the family that they created and those that they will miss once they graduate.

“In next week’s show, I am looking forward to showcasing my own choreography and sharing the stage with the Class of 2019 one last time during the senior dance,” said senior Taylor Samuel. “With this being my final Dance Ensemble show, I will miss my Dance

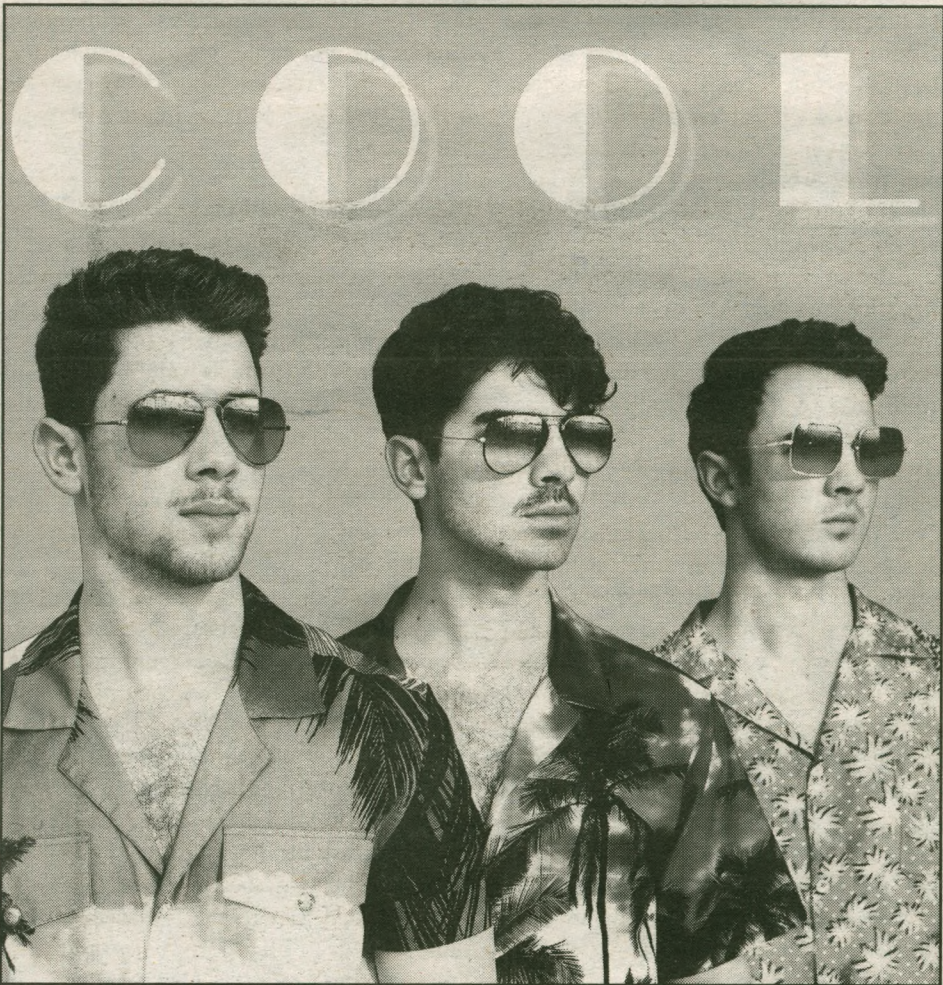
Ensemble girls the most; they are some of the most supportive, talented, inspiring people I’ve met during my time at SHU.”



EDGERTON CENTER.ORG
THE DANCE ENSEMBLE WILL PERFORM THEIR SPRING FINALE AT 8 P.M. AT THE EDGERTON CENTER ON THURSDAY, APRIL 18.

Throwbacks Coming Back in 2019

BY ELISHA BROWN
Staff Reporter



@JONASBROTHERS TWITTER
POPULAR MUSICIANS LIKE THE JONAS BROTHERS, PICTURED ABOVE, ARE MAKING A COMEBACK FOR NEW AND OLD GENERATIONS.

Millennials are obsessed with feeling nostalgia and it shows. The past few years have been rife with musical acts rebooting and now we have some of our favorite early 2000s bands reuniting.

Millennials might be the most nostalgic generation yet, because no one had a single complaint when the Jonas Brothers reunited earlier this year.

The Jonas Brothers established themselves in 2005 and debuted multiple songs on Disney Channel. As their audience grew, they became more mainstream and featured singles on the radio.

Eventually, the trio separated. Kevin Jonas settled into married life after marrying Danielle Deleasa. Joe branched out in a solo career, as did the group’s youngest brother, Nick Jonas. They had 18 songs on the Billboard 100, three top ten hits, and one song that took the number one spot.

One millennial and graduate student, Kayla Sanders, was ecstatic when the Jonas Brothers released their new single, “Sucker,” at the end of February.

“I’ve loved the Jonas Brothers ever since they came out on Disney Channel with their song ‘Year 3000.’ I’ve been to three concerts since they’ve been out and I’m really hoping they continue to make more music because I used to be so obsessed with them,” said Sanders.

Everyone remembers the Backstreet boys. They’re the 90s heartthrobs from Orlando who gained popularity after their hit “Quit Playing Games (With My Heart)” came out in 1997.

The Backstreet Boys, comprised of Nick Carter, Kevin Richardson, AJ McLean, Howie D, and Brian Littrell, released a new single last year called “Don’t Go Breaking My Heart.”

They also appeared in this year’s Doritos Super Bowl commercial alongside Chance the Rapper, reminding us all why we fell in love with them in the first place.

“The Backstreet Boys were a little before my time since they debuted in the early 90s and I was born in 1999,” said sophomore Michelle Foster. “So, I don’t remember too many of their songs, but I was obsessed with ‘I Want It That Way,’ because of my older sister. She loved them and I love all of the 90s groups that are making comebacks and returning to the scene. Fame seems to come in and out for some people, but it’s also a job and when they’re not in the spotlight, it usually means they don’t have a job. So, I’m happy they’re working again.”

America could never forget the “girl power” group that won everyone over with their fun lyrics: the Spice Girls. Victoria Beckham, Geri Halliwell, Melanie Brown, Emma Bunton, and Melanie Chisholm, also known as Posh Spice, Ginger Spice, Scary Spice, Baby Spice, and Sporty Spice, respectively, hit the scene in 1994.

Their smash hit “Wannabe” landed them the number one spot on the Billboard’s Hot 100 chart. It hit number one in 37 countries and propelled them into stardom.

Over 20 years later, everyone is still obsessing over the Spice Girls. They announced they would be going on tour at the end of last year, starting in the U.K. Now, millions of millennials can scream “girl power,” and live life like it’s the 90s.

Sports

Op-Ed: Tiger Woods takes back the Masters

BY GUS PFISTERER
Contributing Writer

Where were you for the 2019 Master's Championship?

I was in my living room surrounded by friends. The room was quiet and the air was thin, as we all tried to grasp the enormity of the history unraveling in front of us.

From the moment I heard the words "Hello Friends" uttered from the silky smooth voice of an icon named Jim Nantz, paired with the sight of the meticulous fairways and greens of a golf course located in Augusta, Ga.

There are no words to truly describe the warmth that overcame a beating heart, as the story of a legend unfolded before my very eyes.

This is a story of agony and broken spirits, but also a story of passion and resilience, all in hopes to uncover the triumph of greatness.

This is the story of Eldrick "Tiger" Woods and his seemingly impossible journey to get back on top.

As the number of holes left to play decreased and the reality of the situation set in, Tiger wearing his coveted red Nike Sunday shirt, stepped up to the tee box of the historic 16th hole.

There was a yellow flag dancing in the southern wind 179 yards away as Tiger held an 8 iron. He took a deep breath, stepped up to his ball, and like millions of times, before he took his swing.

The ball landed less than two feet away from the hole, a fantastic shot, but all I remembered from this moment was the cheers of thousands of people, mesmerized by one man defeating Father Time.

It's a tribute to the pain that has been endured, from the aching muscles in his back to the hardness that was shown throughout his numerous rehabilitation processes.

At this moment there was no mention of the past affairs, the destruction of his family or hole left in his heart from the passing of his father Earl.

However, there was a brief moment of clarity, the youngest ever Master's

champion was about to do something special.

He finished the hole with a birdie to move to 14 under on the day.

After he finished up the 17th hole with a par and became one step closer to immortality.

With the green jacket in sight, Tiger sank a bogey putt to finish the tournament 13 under and capture his first major victory since the U.S. Open in 2008.

With the putter raised high in his left hand, and his right hand uncontrollably fist pumping, all the prior demons that plagued this 43-year-old man seemed to be a distant memory.

Tiger had just become the second oldest player to ever win on golf's most hallowed grounds.

He was met with the open arms and smiling face of his 10-year-old boy, Charlie.

This was a moment reminiscent of 1997, when Earl and his boy Tiger shared a hug after his first Master's win in the same exact spot.

His mother, who has watched Woods not just rise to mountain peaks, but fall deeper than the oceans, was also standing there with eyes filled with tears.

"It's come full circle," said Woods.

Maybe this win didn't just mean a fifth Master's championship for Tiger.

Maybe it meant a piece of him was finally restored.

Maybe it meant he could finally turn the page on his troubled past and no longer focus on the destruction that was caused both emotionally and physically.

This story has its light and it has its darkness like most things in our lives, but not even Hollywood could write a script that measure up to the unpredictability of sports.

One thing is clear; this tiger has his battle scars. They can always be used as a reminder of the past, but for now, it seems as though they are covered, and this beast has earned his stripes.



PICTURED ABOVE: TIGER WOODS REACTS AS HE WINS THE MASTERS GOLF TOURNAMENT ON APRIL 14.

ASSOCIATED PRESS



SACRED HEART ATHLETICS

FIRST-YEAR NATHAN KIM BROKE THE COURSE RECORD AND SET THE PROGRAM RECORD FOR LOWEST SCORE WITH A 65 IN THE FIRST ROUND AT THE MEN'S GOLF TEAM'S ANNUAL SPRING INVITE.

Men's Golf Competes at SHU Invite

BY ANTHONY SACCONI
Staff Reporter

The men's golf team hosted their annual SHU Spring Invite on April 14 and 15. The tournament took place at the Great River Golf Club, the Pioneers' home course located in Milford, Conn.

The team's roster consists of six members, but the team uses it as motivation.

"Even though there are disadvantages to a small team, I believe that it has brought us closer. Having a solid team dynamic allows us to learn from each other," said senior Hector Gutierrez. "Sometimes, we don't notice our mistakes or areas that we can improve on, but there's always a great chance our teammate does, and that helps us improve collectively as a team."

The team credits head coach Matthew McGreevy on giving them the tools for success.

"Coach McGreevy has been great at laying out his expectations for us and teaching us the steps it takes to be ready," said Gutierrez. "He's helped us stay focused on our goal and is the reason why we practice and give our best effort every day."

The Pioneers came off a strong showing at the Towson Invitational, where McGreevy liked what the team showed. The team finished the tournament tied for second place.

"We had a very solid tournament, as we were able to improve from day one and put ourselves in a great position to win the event," said McGreevy.

The SHU Invite included the University of Hartford, Long Island University (LIU), Manhattan College, Iona College, and Hofstra.

Heading into the tournament sophomore Saptak Talwar believed that being the host team there was a bit of added pressure for the team to perform well.

"Yes, there is always the element of pressure any time a team is at home. There are the expectations that we have from ourselves and our teammates," said Talwar. "But at the end of the day, it's a sport and we have to realize anything can happen out there. All we can do is go out and play our best game."

"Having the tournament at home at Great River is quite an advantage to us due to the difficulty of the course," said senior Alex Manner. "It's the type of course that you can only get better with repetition, playing and learning where to miss, what holes to attack and which to play safe as well."

After the first day of the Spring Invite the Pioneers found themselves in first place with 294 points.

Coach McGreevy has been impressed with the way the team has played this spring season.

"The team has performed well throughout the spring. We have improved all throughout the season and are excited to now move on to the Northeast Conference championships," said McGreevy.

The team is now getting ready for the Northeast Conference (NEC) championships.

"The keys we will focus on for the rest of the season heading into our conference championship will be our short game and putting," said McGreevy. "We need to fuel ourselves up to play golf and go out there and compete."

The NEC Championships will take place in Florida from April 26 through 28.

"We've had a good track record against all the other NEC teams this season, so we are really excited for the conference championships coming up, and we hope to make it to the NAAs," said Talwar.

Sports

Softball Opens Conference Play

BY ASIA MCCRAY
Staff Reporter

On March 30, the softball team embarked on their conference season, which began at Fairleigh Dickinson University resulting in a split with the Knights.

According to their head coach Pam London, the team's offensive production has picked up in the leading weeks, which she believes will ultimately take pressure off of the team's defense and pitching.

"Softball is a game of failure, we fail more than we succeed in our sport and it's all about how you react to that failure," said London. "Losses are part of the game and we focus on how we will come back after one, instead of the actual loss, and the best teams turn it around quickly and get after it again."

Following the conference opener at Fairleigh Dickinson, the Pioneers went on to defeat Mount St. Mary's in a double-header at home on March 31 and April 1.

According to Athletic Communications, the team out-hit the Mount 11-9 in the game, as Katelyn Christian led the way for the Pioneers as she went 3-for-4 at the plate with three runs batted in, two doubles and one home run.

Senior infielder Stephanie Mangiameli reflected on the importance of the team's confidence following these two wins over the Mountaineers.

"Over the last few games, we've learned that we are a great hitting team, but one thing we can work on that we discussed this week is our confidence," said Mangiameli. "Confidence comes with being well-prepared to face our opponent, and on game days when we trust that we are prepared, we will have the confidence we need to succeed."

London believes her ideas of a strong team culture will help lead the team to success during conference play.

"We have spent a great deal of time creating a culture that embodies the principles of family, respect, accountability, passion, selflessness, toughness, and attitude. We have our personal team definition for each of those principals," said London.

London expresses that team chemistry has been an ongoing process, and it was not built overnight. It is something they take pride in.

"We challenge ourselves to live them daily and we call each other out on it when they are not being followed. We know families will argue and go through rough patches, but in the end the love for each other prevails."

The Pioneers have not only displayed the power in their culture, however their dominance in hitting has also been quite evident in several games.

On April 13, the team split their double-header with the Blue Devils of Central Connecticut University. Although the Pioneers took a tough loss in the first game, falling 7-6, they conquered the Blue Devils in their second game with a whopping final score of 8-0 in just six innings.

According to Athletic Communications, the Pioneers out-hit Central Connecticut 10-6 in this game. Sacred Heart was led by senior infield, Hailey Desrosiers who went 3-4 in the game with three runs scored.

"When I take the field each game, I remind myself that it is a privilege to be playing this game," said Desrosiers.

A lot goes into center fielder Mangiameli before her games she focuses on the smaller

details of the game that she knows will help herself as well as the team.

"I play center field, so I am constantly checking where the wind is blowing for fly balls that come my way, and I also check to see how deep the shortstop and second basemen are playing to know how much ground I must cover if a ball is hit in my direction," said Mangiameli.

The Pioneers goals are nothing short of a Northeast Conference Championship and a trip to the National Collegiate Athletic Association Tournament.

According to Athletic Communications, the team's next game takes place on the road at Saint Francis University and Robert Morris during the weekend of April 13, and London hopes to keep the team focused and hopeful for their future endeavors.

"My expectations are of course optimistic," said London. "We are going to grind our way into the playoffs and hopefully be the hottest team there and win! Then, move on the NCAA Tournament. We've got to think big."



SACRED HEART ATHLETICS

THE WOMEN'S SOFTBALL TEAM HAS BEGUN THEIR CONFERENCE PLAY AND ARE LOOKING FORWARD TO PLAYOFFS.

Rowing Competes At Cooper Invitational

BY STEFAN AYANIAN
Staff Reporter

The rowing team competed at the Cooper Invite in Camden, N.J., where they raced against Fairfield, Marist, Iona, and Drake University. Sacred Heart's Varsity 8 finished fifth in Heat 1 with a time of 8:10. The second varsity team competed in Heat 3 and finished fourth with a time of 8:31. As for the freshman novice, their performance was the best among the team, as they came in second with a time of 8:09.

With four meets remaining in the regular season, the Pioneers are trying to figure out the right lineups to put together, which will be productive in competing at a higher stroke for a distance over 2,000 meters. Getting the team to fully work together as a whole has been a tough task because of the different styles and techniques that the rowers have.

Despite the team putting in a full week of practice of seat racing and putting together a varsity eight with their faster four ports and four starboards, it wasn't enough to hold against their opponents.

Head coach Nicoleta Mantescu was impressed with the way the freshmen novice performed at the Cooper Invite and thinks that the group will make a great impact on the team's competitive level.

"We have a great freshmen class that will be very successful in the next few years," said Mantescu. "They are competitive, strong and eager to win. With a little more experience, they will be a threat in the years to come."

Junior co-captain Caroline Bolletino has high hopes for the team and realizes the intricacies the team faces while rowing in their meets.

"We need to practice swinging together and our leg drive to make sure we're exerting our power in the most powerful and efficient way. If we can click as a boat and use all the strength we have in the best way, we will succeed," said Bolletino.

Senior co-captain Kalliopi Gatzoflias acknowledges the fact that team goes up against big name schools and they haven't had enough practice in the boat. She also said that they need to keep practicing lineups and working together as one. Even though Sacred Heart didn't come out with a win, Gatzoflias thought it was a good learning experience for the team to learn from the best that they competed against.

"We didn't let the competition discourage us and I think that's a positive that we can take away from it. It was a great learning curve at the beginning of the season so now we know what to improve on going forward," said Gatzoflias.

Gatzoflias credits the freshman class with their contributions that they have made with


improving with their race times and the energy that they bring to motivate and encourage the team to perform at their best.


"I think that this novice class is great. There are a lot of them which really increased our numbers. And they all bring great energy, commitment, and always are pushing themselves. They are a very strong class and are only going to get better from here," said Gatzoflias.




SACRED HEART ATHLETICS

SHU'S ROWING TEAM CAME IN FOURTH WITH A TIME OF 8:31 AT THE COOPER INVITE IN CAMDEN, N.J.





SCORES



	R	H	E
CCSU	1	7	0
SHU	4	8	1

Baseball

	R	H	E
CCSU	8	12	0
SHU	4	13	2

Baseball

	R	H	E
CCSU	5	9	1
SHU	1	6	0

Baseball

	R	H	E
QU	4	5	2
SHU	5	9	0

Softball

	R	H	E
SHU	6	6	0
QU	8	11	1

Softball

	R	H	E
SHU	3	6	1
SFU	1	6	1

Softball

	R	H	E
SHU	4	9	0
SFU	2	8	3

Softball

	1	2	3	4	T
SHU	5	5	4	5	19
St. Joseph's	3	0	0	1	4

Men's Lacrosse

	1	2	OT	T
SHU	6	9	0	15
LIU Brooklyn	8	7	1	16

Women's Lacrosse



SACRED HEART ATHLETICS

THE SACRED HEART WOMEN'S TRACK AND FIELD TEAM GAVE A GREAT ALL-AROUND EFFORT, SEEING 13 PIONEERS EARN TOP 10 RESULTS ON APRIL 13 AT THE GEORGE MASON SPRINGTIME INVITATIONAL. PICTURED ABOVE: BRIGIT KELLY, SOPHOMORE.